

## April Recap/Breaking News/Shout Outs

Started the month by “Finding a Rainbow” please see our art wall, residents made an old time favorite PB & J loved it, “Singin in the Rain” had Raspberry Mimosas while watching the movie, “Poetry Month” finished poem residents had been working on see front page Poem “Friends”, celebrated Passover, made Easter Bunny houses & filled eggs , had a wonderful Easter dinner & “Soda Fountain Day” a big hit, still to come our” Tea Party,” “ Men’s Poker Hour,” & monthly B-Day Bash! Residents have been enjoying our newly formed clubs, quilters are doing a great job, Poetry Club just finished their first Poem, walking club Kudos to Robin, Ellen, Joyce & Ron who are doing “Great,” a few ladies went out to lunch had a great time! Congratulations to Cody for his move from maintenance to the front office. SHOUT OUTS : Roberta’s daughter Amy for her donation for lunch, Larry’s daughter Donna for all the electronic items, our Culinary staff for all they do especially in helping with all the last minute food orders I may need for the many groups I do and to all of the Windrose Families for all the support you give every day and for entrusting us with your loved ones. Please email Cheryl with suggestions or any news you might want posted. Just a friendly reminder about the family Ring Central meeting the 1st Tuesday of every month at 5:30pm with ED Darley



Mary decorating” Easter House!”



Mary “Singin in the Rain” enjoying a Mimosa!



Ron & Judy “Passover!”



”Margie “Finding a Rainbow Day!”



### WINDROSE at woburn Associates

**Darley Nazaire**  
Executive Director

**Linda Crowe**  
Business Office Manager

**Vickie Williams**  
Resident Care Director

**Cheryl Rabbitt**  
Engagement Director

**Desiree Delano**  
Culinary Director

**Paul Angeloni**  
Maintenance Director



Pat & Ellen “True Love”

## FRIENDS

Friendship brings comfort without too much effort. Whatever the friends’ names we pass the time by playing games. We can go to lunch, as a bunch. shopping we can go, or just go with the flow. Movies we can see and watch with glee. Secrets we may share because our friends do care. Everything we enjoy brings happiness and joy!



Some members of Poetry Club!

Authors: Richard, Robin, Joan, Judy, Jane, Wil, Bruce, Roberta, Yvette, Marie Mary G & BJ!

## MAY SPECIAL EVENTS

- Cartoonist Day 4th
- Anniversary of Earhart’s Solo Flight 5th
- Kentucky Derby 6th
- Mother’s Day Tea 9th
- Landmark Day 10th
- A Day for Dancing 25th
- Memorial Day 30th
- B-Day Bash 31st



BJ “Singin in the Rain” with a Mimosa

## Sunday

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

## Saturday

**1**

10:00 Televised Morning Mass  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Motor skills class  
4:00 Conversation Cards  
6:15 Independent Stations  
6:15 After Dinner Movie

**2**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Music and Movement  
3:00 Poetry Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**3**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Ball Toss  
3:00 Culinary Club  
4:00 Gentle Stretching  
6:15 Independent Stations  
6:15 After Dinner Movie

**4**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Windrose Book Club  
3:00 Music Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**5**

10:00 Morning Gathering  
10:30 Manicures/Old Time TV Shows  
1:15 Documentary  
3:00 Men's Club  
3:00 Quilting/Knitting Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**6**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Bingo  
3:00 Game Time  
6:15 Independent Stations  
6:15 After Dinner Movie

**7**

10:00 Morning Gathering  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Trivia  
4:00 Name 10  
6:15 Independent Stations  
6:15 After Dinner Movie

**8**

10:00 Televised Morning Mass  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Motor skills class  
4:00 Animal Documentary  
4:00 Conversation Cards  
6:15 Independent Stations  
6:15 After Dinner Movie

**9**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Music and Movement  
3:00 Poetry Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**10**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Ball Toss  
3:00 Culinary Club  
4:00 Gentle Stretching  
6:15 Independent Stations  
6:15 After Dinner Movie

**11**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Windrose Book Club  
3:00 Music Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**12**

10:00 Morning Gathering  
10:30 Manicures/Old Time TV Shows  
1:15 Documentary  
3:00 Men's Club  
3:00 Quilting/Knitting Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**13**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Bingo  
3:00 Game Time  
6:15 Independent Stations  
6:15 After Dinner Movie

**14**

10:00 Morning Gathering  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Trivia  
4:00 Name 10  
6:15 Independent Stations  
6:15 After Dinner Movie

**15**

10:00 Televised Morning Mass  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Motor skills class  
4:00 Conversation Cards  
6:15 Independent Stations  
6:15 After Dinner Movie

**16**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Music and Movement  
3:00 Poetry Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**17**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Ball Toss  
3:00 Culinary Club  
4:00 Gentle Stretching  
6:15 Independent Stations  
6:15 After Dinner Movie

**18**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Windrose Book Club  
3:00 Music Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**19**

10:00 Morning Gathering  
10:30 Manicures/Old Time TV Shows  
1:15 Documentary  
3:00 Men's Club  
3:00 Quilting/Knitting Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**20**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Bingo  
3:00 Game Time  
6:15 Independent Stations  
6:15 After Dinner Movie

**21**

10:00 Morning Gathering  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Trivia  
4:00 Name 10  
6:15 Independent Stations  
6:15 After Dinner Movie

**22**

10:00 Televised Morning Mass  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Motor skills class  
4:00 Conversation Cards  
6:15 Independent Stations  
6:15 After Dinner Movie

**23**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Music and Movement  
3:00 Poetry Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**24**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Ball Toss  
3:00 Culinary Club  
4:00 Gentle Stretching  
6:15 Independent Stations  
6:15 After Dinner Movie

**25**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Windrose Book Club  
3:00 Music Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**26**

10:00 Morning Gathering  
10:30 Manicures/Old Time TV Shows  
1:15 Documentary  
3:00 Men's Club  
3:00 Quilting/Knitting Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**27**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Bingo  
3:00 Game Time  
6:15 Independent Stations  
6:15 After Dinner Movie

**28**

10:00 Morning Gathering  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Trivia  
4:00 Name 10  
6:15 Independent Stations  
6:15 After Dinner Movie

**29**

10:00 Televised Morning Mass  
11:00 Exercise Group  
1:15 Music and Movement  
3:00 Motor skills class  
4:00 Conversation Cards  
6:15 Independent Stations  
6:15 After Dinner Movie

**30**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Music and Movement  
3:00 Poetry Club  
6:15 Independent Stations  
6:15 After Dinner Movie

**31**

10:00 Morning Gathering  
10:30 Exercise/Walking Club  
1:15 Documentary  
3:00 Ball Toss  
3:00 Culinary Club  
4:00 Gentle Stretching  
6:15 Independent Stations  
6:15 After Dinner Movie

## MAY B-DAY



Residents:

Ellen 23th

Staff:

Linda 19th

Donna 19th

Marieange 26th

Deb 31st



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## PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social