### DECEMBER RECAP/SHOUT OUTS

We started the month off learning a little bit about Indian Corn, had fun on the ranch putting ourselves in the boots of cowboys, enjoyed a movie (Hocus-Pocus) and some old time movie refreshments, worked on a Thanksgiving project and made gifts for our caregivers, also packed pies in boxes for our staff. Much more still for November. We would like to welcome our new Culinary Director Desiree Delano who comes from our sister company prospect Hill in Revere and welcome a new addition to our home Thumper the rabbit who has brought so many smiles to our residents! SHOUT OUTS TO: To our families, friends and staff for making our Breast Cancer Fundraiser a huge success. Our goal was \$400.00 and we raised \$500.00. I cannot begin to tell you how much the residents enjoyed preparing for the fundraiser as well as working it. Please email Cheryl CRabbit@hallkeen.com with comments/suggestions or any news you might want posted. Just a friendly reminder about the family Ring Central meeting the 1st Tuesday of every month at 5:30pm wit ED Darley.



Judy looking for a refreshment for the movie



Marcia loving Thumper



Judy helping us with maps of different countries



Yvette packing pies



### The joy of Giving

WINDROSE at woburn **Associates** 

Darley Nazaire

Executive Director

**Linda Crowe**Business Office Manager

Christine Crimaldi
Resident Care Director

Cheryl Rabbitt
Engagement Director

Desiree Delano
Culinary Director

Paul Angeloni Maintenance Director



Marie Bunny Love

Somehow, not only for Christmas, But all the long year through, The joy that you give to others Is the joy that comes back to you; And the more you spend in blessings The poor and lonely and sad, The more of your heart's

possessing Returns to make you glad. Author John Greenleaf
Whittier

58 Years of Love

## **December Special Events**

Hanukkah Celebration

Anniversary of the Attack of Pearl Harbor

Gingerbread Houses

Angel gift giving/Talent Show

Christmas Baking

Price is right game day

Birthday Bash



Girls pizza luncheon



# DECEMBER 2021

Independent Stations

WINDROSE						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			10:00 Morning Gathering	2 10:00 Morning Gathering	3 10:00 Morning Gathering	4 10:00 Morning Gathering
		ROSE at woburn	10:00 Coupon Clipping 11:00 Gentle Streching 11:00 Exercise Group 1:15 Documentary 3:00 Music and Movement	10:00 Fluff and Fold 11:00 Gentle Streching 11:00 Exercise Group 1:15 Documentary 3:00 Art Class	10:00 Manicures 11:00 Gentle Streching 11:00 Exercise Group 1:15 Documentary 3:00 Windrose Reading Club	11:00 Exercise Group 1:15 Music and Movement 3:00 Trivia 4:00 Name 10 6:15 Independent Stations
	857 Main Street • (781) 935-3333 • http://w	Woburn, MA 01801 vww.windrosewoburn.com	3:00 Culinary Club 6:15 Independent Stations 7 6:15 After Dinner Movie	4:00 Gentle Stretching 6:15 Independent Stations 6:15 After Dinner Movie	3:00 Bean bag toss 4:00 Name "10" 4:00 Gentle Stretching 6:15 Independent Stations	6:15 After Dinner Movie
Televised Morning Mass	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering
Exercise Group	10:00 Art Class	10:00 Manicures	10:00 Coupon Clipping	10:00 Fluff and Fold	10:00 Manicures	11:00 Exercise Group
Music and Movement		11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	1:15 Music and Movement
Motor skills class Conversation Cards	11:00 Exercise Group 1:15 Documentary	11:00 Exercise Group 1:15 Documentary	11:00 Exercise Group 1:15 Documentary	11:00 Exercise Group 1:15 Documentary	11:00 Exercise Group 1:15 Documentary	3:00 Trivia 4:00 Name 10
Independent Stations	3:00 Music and Movement	3:00 Bingo	3:00 Music and Movement	3:00 Art Class	3:00 Windrose Reading Club	6:15 Independent Stations
After Dinner Movie	3:00 Fun & Games	3:00 Ball Toss	3:00 Culinary Club	4:00 Gentle Stretching	3:00 Bean bag toss	6:15 After Dinner Movie
	4:00 Bean Bag Toss	4:00 Gentle Stretching	6:15 Independent Stations	6:15 Independent Stations	4:00 Name "10"	
	6:15 Independent Stations	6:15 Independent Stations	6:15 After Dinner Movie	6:15 After Dinner Movie	4:00 Gentle Stretching	
	6:15 After Dinner Movie	6:15 After Dinner Movie	15	16	6:15 Independent Stations	<b>18</b>
Televised Morning Mass	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering
Exercise Group	10:00 Art Class	10:00 Manicures	10:00 Coupon Clipping	10:00 Fluff and Fold	10:00 Manicures	11:00 Exercise Group
Music and Movement		11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	1:15 Music and Movement
Motor skills class	*	11:00 Exercise Group	11:00 Exercise Group	11:00 Exercise Group	11:00 Exercise Group	3:00 Trivia 4:00 Name 10
Conversation Cards Independent Stations	1:15 Documentary 3:00 Music and Movement	1:15 Documentary 3:00 Bingo	1:15 Documentary 3:00 Music and Movement	1:15 Documentary 3:00 Art Class	1:15 Documentary 3:00 Windrose Reading Club	4:00 Name 10 6:15 Independent Stations
After Dinner Movie	3:00 Fun & Games	3:00 Ball Toss	3:00 Culinary Club	4:00 Gentle Stretching	3:00 Bean bag toss	6:15 After Dinner Movie
- 1100 B 11100 1100 110	4:00 Bean Bag Toss	4:00 Gentle Stretching	6:15 Independent Stations	6:15 Independent Stations	4:00 Name "10"	o.15 Tittel Billier Wovie
	6:15 Independent Stations	6:15 Independent Stations	6:15 After Dinner Movie	6:15 After Dinner Movie	4:00 Gentle Stretching	
	6:15 After Dinner Movie	6:15 After Dinner Movie	<b>22</b>	<sup> </sup> 23 −−−−	6:15 Independent Stations	<sup> </sup> 25 −−−−
Televised Morning Mass	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering
Exercise Group	10:00 Art Class	10:00 Manicures	10:00 Morning Gamering 10:00 Coupon Clipping	10:00 Fluff and Fold	10:00 Manicures	11:00 Exercise Group
Music and Movement	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	1:15 Music and Movement
Motor skills class	11:00 Exercise Group	11:00 Exercise Group	11:00 Exercise Group	11:00 Exercise Group	11:00 Exercise Group	3:00 Trivia
Conversation Cards	1:15 Documentary	1:15 Documentary	1:15 Documentary	1:15 Documentary	1:15 Documentary	4:00 Name 10
Independent Stations	3:00 Music and Movement	3:00 Bingo	3:00 Music and Movement	3:00 Art Class	3:00 Windrose Reading Club	6:15 Independent Stations
After Dinner Movie	3:00 Fun & Games	3:00 Ball Toss	3:00 Culinary Club	4:00 Gentle Stretching	3:00 Bean bag toss	6:15 After Dinner Movie
	<ul><li>4:00 Bean Bag Toss</li><li>6:15 Independent Stations</li></ul>	<ul><li>4:00 Gentle Stretching</li><li>6:15 Independent Stations</li></ul>	6:15 Independent Stations 6:15 After Dinner Movie	6:15 Independent Stations 6:15 After Dinner Movie	4:00 Name "10" 4:00 Gentle Stretching	
	6:15 After Dinner Movie	6:15 Independent Stations 6:15 After Dinner Movie	0.15 After Diffier Movie	0.15 And Dillier Wovie	6:15 Independent Stations	
	27 Aici Dillici Movic	28	29	30	31 macpendent stations	
Televised Morning Mass	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	10:00 Morning Gathering	
Exercise Group	10:00 Art Class	10:00 Manicures	10:00 Coupon Clipping	10:00 Fluff and Fold	10:00 Manicures	
Music and Movement		11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	11:00 Gentle Streching	
Motor skills class Conversation Cards		11:00 Exercise Group	11:00 Exercise Group 1:15 Documentary	11:00 Exercise Group	11:00 Exercise Group	
Independent Stations	1:15 Documentary 3:00 Music and Movement	1:15 Documentary 3:00 Bingo	1:15 Documentary 3:00 Music and Movement	1:15 Documentary 3:00 Art Class	1:15 Documentary 3:00 Windrose Reading Club	
After Dinner Movie	3:00 Fun & Games	3:00 Ball Toss	3:00 Culinary Club	4:00 Gentle Stretching	3:00 Whichose Reading Club 3:00 Bean bag toss	
- 1101 2 milet 1110 110	4:00 Bean Bag Toss	4:00 Gentle Stretching	6:15 Independent Stations	6:15 Independent Stations	4:00 Name "10"	
	6:15 Independent Stations	6:15 Independent Stations	6:15 After Dinner Movie	6:15 After Dinner Movie	4:00 Gentle Stretching	
	6:15 After Dinner Mexico	6:15 After Dinner Marie			6.15 Independent Stations	

## December Birthdays



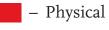
RESIDENTS
Bob 12/1
Roberta 12/4
Marianne 12/6
Eleanor C 12/11
Judy M 12/16
Al 12/28

STAFF
Cody 12/2
Alex 12/4
Chrissy 12/9
Mackenson 12/18
Christine 12/24
Annet 12/15

#### PROGRAM



– Emotional



Social

Events are subject to change.

After Dinner Movie

After Dinner Movie