

King's Inspirational "Dream"

On August 28, 1963, before a crowd of 250,000 Americans, Martin Luther King Jr. gave his "I Have a Dream" speech in Washington, D.C. The speech remains one of the most memorable ever made, ranking alongside Lincoln's "Gettysburg Address" as one of the most moving and most analyzed in American history. King's mention of his "dream" was not in his prepared remarks. Gospel singer Mahalia Jackson prompted King to "tell them about the dream," and so King improvised the most famous part of his speech on the spot.



Martin Luther King, Jr.



Dragonfly on Windrose's Patio

Humor Quotes

As long as there are tests, there will be prayer in schools. –Anonymous

No man has a good enough memory to be a successful liar. **Abraham Lincoln**

Everything is funny, as long as it's happening to somebody else. **Will Rogers**

When humor goes, there goes civilization. **Erma Bombeck**



Marie showing her patriotic colors.



Margie painted her USA flag.



WINDROSE at woburn Associates

Darley Nazaire
Executive Director

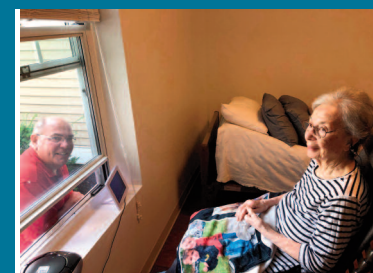
Linda Crowe
Business Office Assistant

Christine Crimaldi
Resident Care Director

Jayne Thompson
Engagement Director

Ryan Lounsberry
Culinary Director

Melvin Santiago
Maintenance Director



Alice enjoying a window visit with her son.



Harriet loves the warm days!

Alice – Wednesday, August 12th

Luis – Friday, August 21st


Kay – Friday, August 28th

In astrology, those born between August 1–22 are Leo's Lions, the natural-born leaders of the zodiac. Dramatic, confident, and humorous, Leos are adept at rallying people to a common cause and finding creative solutions in the trickiest of situations. Those born between August 23–31 are Virgo's discriminating Virgins. Virgos pay attention to detail and are highly organized, making them curious and intelligent learners who can get the job done without complaint.



Ellie is a star athlete.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30 AUGUST 10:00 Morning Stretch 1st 11:00 Morning Stretch 2nd fl 1:30 Maps 3:00 Room Visits	31 AUGUST 10:00 Strength and flexibility 11:00 Everyday Life Trivia 1:30 Reading Group 3:00 Room Visits	 857 Main Street • Woburn, MA 01801 (781) 935-3333 • http://www.windrosewoburn.com				1 10:00 Celebrate Clowns 11:00 Fall Prevention 1:00 Morning Stretch, 2nd fl 1:00 Music Appreciation 3:00 Room Visits
2 10:00 Morning Stretch 1st 10:30 Today In History 1st fl 1:30 Maps 3:00 Room Visits	3 Watermelon Day 10:00 Strength and flexibility 11:00 Everyday Life Trivia 1:30 Short Story: Big Adventures, Tiny House 3:00 Room Visits	4 Chocolate Chip Day 11:00 Riddle Me This (Men) 1:00 1950's Love Songs 2:00 Short Story 3:00 Room Visits	5 10:00 Geri-Fit 11:00 Sing a long 1:00 Jazz Music 3:00 Room Visits	6 10:00 Light & Lively 11:00 Hear What I Hear? 1:00 Patriotic Music 3:00 Room Visits	7 National Lighthouse Day 10:00 Seated Exercises 12:00 Back Yard Cook-out 1:00 Henry Mancini Music 3:00 Room Visits	8 10:00 Fall Prevention 11:00 Morning Stretch, 2nd fl 1:30 International Cat Day! 3:00 Room Visits
9 10:00 Morning Stretch 1st 11:00 Morning Stretch 2nd fl 1:30 Finish the Proverb 3:00 Room Visits	10 10:00 Strength and flexibility 10:30 Today's History 1:00 Relaxing Music 1:30 Watercolors (Clowns) 3:00 Room Visits	11 10:00 Smart Moves 10:30 News & Weather 1:00 Caribbean Music 1:30 Finish the lyrics 3:00 Room Visits	12 Happy Birthday Alice! 10:00 Morning Moves 11:00 August Trivia 1:00 Jazz Music 3:00 Room Visits	13 10:00 Light & Lively 11:00 Random Trivia 1:00 Patriotic Music 2:00 Things That Go Together 3:00 Room Visits	14 10:00 Aging Well Fitness 12:00 Back Yard Cook-out 1:00 Boston Pops Beatles 3:00 Room Visits	15 Chef Appreciation Day! 10:00 Fall Prevention 11:00 Morning Stretch, 2nd fl 1:00 Music Appreciation 3:00 Room Visits
16 10:00 Morning Stretch 1st 10:30 Today In History 1st fl 1:00 Trivia 2nd fl 3:00 Room Visits	17 10:00 Strength and flexibility 11:00 Name 10 Word Game 1:00 Relaxing Music 1:30 Biography 3:00 Room Visits	18 10:00 Smart Moves 11:00 Hear What I Hear? 1:00 Rogers & Hammerstein Music 3:00 Room Visits	19 World Photo Day 10:00 Geri-Fit 11:00 Things That Go Together 1:00 Jazz Music 3:00 Room Visits	20 10:00 Light & Lively 10:30 Daily Chronicle 1:00 Patriotic Music 1:30 States & Capitals 3:00 Room Visits	21 Happy Birthday Luis 11:00 Riddle Me This 12:00 Back Yard Cook-out 1:00 Henry Mancini Music 3:00 Room Visits	22 10:00 Fall Prevention 11:00 Morning Stretch, 2nd fl 1:00 Music Appreciation 3:00 Room Visits
23 10:00 Morning Stretch 1st 11:00 Morning Stretch 2nd fl 1:00 Trivia 2nd fl 3:00 Room Visits	24 10:00 Strength and flexibility 10:30 Today's History 1:00 Relaxing Music 1:30 Reading Group 3:00 Room Visits	25 10:00 Smart Moves 11:00 Daily Trivia 1:00 Patty Page Music 1:30 Finish the lyrics 3:00 Room Visits	26 National Dog Day 10:00 Morning Moves 11:00 Sing a long 1:00 Jazz Music 3:00 Room Visits	27 10:00 Light & Lively 11:00 Random Trivia 1:00 Patriotic Music 2:00 Historical Photos 3:00 Room Visits	28 Happy Birthday Kay! 10:00 Aging Well Fitness 12:00 Back Yard Cook-out 1:00 Henry Mancini Music 3:00 Room Visits	29 10:00 Fall Prevention 11:00 Morning Stretch, 2nd fl 1:00 Music Appreciation 3:00 Room Visits

Events are subject to change.

August

International Clown Week

August 1–7

Watermelon Day

August 3

Elvis Week

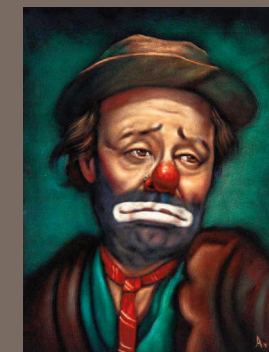
August 8–16

Creamsicle Day

August 14

National Park Service Day

August 25



Willy The Clown

PROGRAM

- – Cognitive
- – Emotional
- – Physical
- – Social