#### Pause with Paws - Meet Chloe & Leo

We had a two new fury friends' visit this month, Leo, the Devon Rex Feline and Chloe, the Border Collie K-9. Few can resist time with our volunteer animals and their owners. Thank you to Laura (Chloe) and Julieann (Leo) for sharing their prescious time with our Windrose family. Thank you to Kairos and Bridget who have been around the community for some time.





## Engagement Program's





Watercolors is the "go to" relaxation program for several residents. It has become a regular weekly program at our community. The photos on the left is second floor residents deep in creative though and Barbara is on the right pleased with live music entertainment.

\*Reminder: Flu Clinic October 1st. Thank you.



#### Hello Autumn!

WINDROSE at woburn Associates

> John Ratcliffe Executive Director

Linda Crowe Business Office Assistant

Christine Crimaldi Resident Care Director

Jayne Thompson **Engagement Director** 

Tony Madigan Sales & Marketing Director

> Ryan Lounsberry **Culinary Director**

> > Jerry DuPont Maintenance



Bill & friend enjoying a dance.

We started the month with a Labor Day Cookout in the courtyard. The weather was perfect, food was delicious and loved ones were all around.

Several of our regular performers were at Windrose during September and we welcomed Brian Kane for the

first time at our community. Brian is a graduate of the Berklee College of Music, a noted music educator, and the author of 10 books. We will be sure to have Brian be a regular as he was received so well by all who heard his saxophone music.



Margie (Left) & Family

## Welcome Margie, Harriet & Bob!

Warm Welcomes to our new residents and their wonderful families and friends. Margie, Harriet and Bob all moved in during September and have added so much fun to our neighborhood. We are happy you are here!

If you have yet to meet Margie, Harriet or Bob, feel free to check

with one of the staff and we will be happy to provide introductions all around.



Events are subject to change.

# OCTOBER 2019

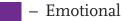
,	WINDROSE													
	Sunday Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
				1 -	Little Women Pub 1868	<b>2</b> - 9:30	Happy Birthday Pat! New Views with Jayne	3 -	Think Positive Day	4	Diversity Day	5	Apple Betty Day	
			CE	10:00 10:30	Smart Moves with Viv Healthy Living Teeth	10:00 10:30	Dental Hygenist Daily Chronicles	10:00 10:30	Sit & Be Fit Hollywood Golden Days	10:00 10:30	Seated Exercises Today in History	10:00 10:30	Sittercise Exercise Sing-a-long Suzie Q	
	WINDROSE at woburn			11:00 1:00 1:30	October Trivia 1950's Love Songs Windrose Chorus	11:00 1:00 1:30	October Trivia Rosary with Music Baloon Volleyball	11:00 1:00 1:30	Remember Shirley Temple Patriotic Music Kitchen Memories	11:00 1:00 1:30	Fall Trivia Glen Campbell Spiritual Program	11:00 12:30	San Antonio Traveler Boston College Football vs.Louisville's Cardinals	
(78	857 Main Street • 1 1) 935-3333 • http://v		-	2:00 3:30 5:45	"My Father's Machzor" Farmers Almanac Prediction True or False	2:00 3:30 6:00	Brushless Painting Apple & Raisin Recipe Recently Released Movie	2:00 2:30 4:00	Jewish Holidays Rabbi Cari, Blessing Judge For Yourself	2:00 3:30 4:00	Best US Presidents (Y) Hula Polynesian Dance Favorite Foods	1:30 2:00 3:30	Dog Reunions Balloon Volleyball Working Animals	
6		7-		6:15   <b>8</b> -	John Wayne Movie	   <b>9</b> -	Curious Events Day	4:00 7 <b>10</b> -	Early TV News Porgy & Bess 1935	5:45	Guess Who's Coming  Eleanor Roosevelt's Birth	4:00 1 <b>12</b>	October Trivia World Arthritis Day	
9:30 10:00	Coffee & News Morning Movement	10:00	Strength and flexibility	9:30	"My Father's Machzor"	9:30 10:00	Morning Meeting Fall Prevention	9:30 10:00	News & Conversation Sit & Be Fit	9:30 10:00	News, Weather & Sports Seated Exercises	10:00	Sittercise Exercise	]
10:30 11:00 1:00	Windrose Chorus "The Gift of the Bonsai" Patriots at Washington	10:30 11:00 1:00	Name 10 Word Game States & Capitals Nostalgic TV	10:00 10:30 11:30	Smart Moves Chronicles & Trivia Bertucci's Lunch Outing	10:30 11:00 1:00	Watercooler Trivia Things That Go Together Rosary with Music	10:30 11:00 1:00	Daily Chronicles Random Trivia Patriotic Music	10:30 11:00 1:00	Today in History Word Game Tommy Dorsey Music	10:30 11:00 12:00	Sing-a-long Suzie Q Arm Chair Traveler Oklahoma vs. Texas (FOX)	
1:30 2:00 3:30	Table Top Programs Things to Bring For Music Bingo	1:30 3:30 4:00	Midnight Dreams "The Gift of Bonsai" Table top games	1:00 1:30 2:00	Relax and Renew Windrose Chorus Musical Bingo	1:30 2:00 3:30	Great Unsolved Mysteries Sport Game Andy Rooney comedy	1:30 2:00 3:30	Cultural Dances Things That Go Together Balloon Volleyball	1:30 2:00 4:00	Humor is Medicine Do You Hear What I Hear? Witches and Warlocks	2:00 3:30	College Football Baking Demonstration Reminiscing 1960's	
4:00	BBET	4:00 5:45	Early News & Weather "The Jersey Boys"	3:30 5:45	Balloon Volleyball First Ladies	6:00	Kathy Shares a Movie	5:45 6:15	What Am I? Mr Smith Goes			4:00	Neighborhood Walk	
13	Sukkoth Begins 6:06pm	14 -	Columbus Day	15 - 9:30	"I Love Lucy" 1951 Coffee & News	16 - 9:30	Boss's Day History of Macy's	9:30	Hollywood Squares 1966 News & Conversation	9:30	Alaska Day News, Weather & Sports	19	BC Football Time TBA	
9:30 10:00 10:30	Coffee & News Arthritis Stretch Windrose Chorus	9:30 10:00 10:30	October Trivia Strength training New England Trees	10:00 10:30 11:00	Smart Moves Chronicles & Trivia Daily Trivia	10:00 10:30 11:00	Fall Prevention Watercooler Trivia Ann Landers Letters	10:00 10:30 11:00	Sit & Be Fit White Board Game Remember Judy Garland	10:00 10:30 11:00	Seated Exercises Doris Day Biography Word Game	10:00 10:30 11:00	Sittercise Exercise Arm Chair Traveler Feline Pause with Paws	
11:00 1:00 1:30	Dictionary Game "I Love Lucy" What Am I?	11:00 1:00 1:30	Name 10 Word Game Hand Massages Windrose Chorus	1:00 1:30 2:00	I Love Lucy Show I love Lucy Trivia Oscar the Grouch	1:00 1:30 2:45	Rosary with Music Arts Of Gold Afternoon Social	1:00 1:30 2:00	Patriotic Music Mob Flash Dance Cake Decorating	1:00 1:30 2:30	BBC Orchestra The McMurphy's Birthday Cake	1:00 1:30	Gene Autry Music Miss America Past to Present(Y)	
2:00 3:30	Things to Bring For Music Bingo	2:00 3:30	White Board Challenge Who Am I? (Columbus)	3:30 5:45	Balloon Volleyball True or False?	3:30 6:00	Winter Produce Recently Released Movie	3:30 5:45	Name 10/Top 10's Facts About Boston	3:30 4:00	"Andy Griffith Show" Wonders of the World	2:00 3:30	Weird Animal Facts Fort Collins, Colorado	
4:00 <b>20</b>	BBET Micky Mantle's Birthday	4:00 <b>21</b> -	Sport Game  Nobel Prize Day	6:15	Netflix Movie  Color Day & Nut Day	23 -	Boston Cream Pie Day	6:15	"My Man Godfrey"  Nylon Stockings Day	25		26	BC Football TBA	
9:30	Coffee & News	9:30 10:00	Community Happenings Strength and flexibility	9:30 10:00	Coffee & News Smart Moves	9:30	Baking Program	10:00	Sit & Be Fit	9:30 10:00	News, Weather & Sports Seated Exercises	10:00	Sittercise Exercise	
10:00 10:30 11:00	Morning Moves Windrose Chorus Micky Mantle's Story	10:30 11:00 1:00	Today's History Name 10 Word Game Nostalgic TV	10:30 11:30 1:00	Colorful Expressions 99 Lunch Outing Relax and Renew	10:00 10:30 11:00	Fall Prevention Watercooler Trivia October Trivia	10:30 11:00 1:00	Daily Chronicles Random Trivia Patriotic Music	10:30 11:00 1:00	Today in History Word Game Boston Pops Beetles	10:30 11:00 1:00	Sing-a-long Suzie Q Arm Chair Traveler Elvis Presley Music	{
1:00 1:30	Laurel & Hardy Comedy Salem Witches	1:30 2:00	Windrose Chorus Finishing Lines	1:30 2:00	Windrose Chorus Every Day Life Trivia	1:00 1:30	Rosary with Music Food Named After Places	1:30 2:00	Halloween Bingo Delicious Food Duos	1:30 2:00	"Kids Say the Darndest Humor is Medicine	2:00 3:30	Brian Kane Weird Animal Facts	L
2:00 3:30 4:00	Short Story Halloween Bingo Spooky Music	3:30 4:00	Alfred Nobel Walking Program	3:30 5:45 6:15	Balloon Volleyball Water Cooler Trivia "The Luck of the Irish"	2:00 3:30 4:00	Sport Game States & Capitals Early News	3:30 4:00 5:45	Top 10's Balloon Volleyball Arts & Crafts	3:30 4:00	Morris Animal Foundation Vacation Spots	3:30 4:00 4:00	Alfred Hitchcock Bio Ball Toss Early News Report	
<b>27</b>	Happy Birthday Barbara	28 -	Statue of Liberty Anniv	29 -	Red Hair and Freckles	30 -		31 -	Happy Halloween		1 - 1	2		
9:30 10:00 10:30	Morning Chat Bend & Stretch Windrose Chorus	10:00 10:30	Strength and flexibility Today's History	10:00 10:30	Smart Moves Josef Nocera	9:30 10:00 10:30	Morning Meeting Fall Prevention Watercooler Trivia	9:30 10:00 10:30	News & Conversation Sit & Be Fit Hospice Prayer Service			10-1		L
11:00 1:00 1:30	Football Trivia-Teams Nostalgic TV-Lucy Table Top Games	11:00 11:00 1:00	Everyday Life Trivia Name 10 Word Game Relax & Renew	1:00 1:30 2:00	1950's Love Songs Windrose Chorus US Ghost Towns	11:00 1:00 1:30	Things That Go Together Disney Haunted House "The Gift of Bonsai"	11:00 1:00 1:30	Remember Shirley Temple Spooky Music Remember Vincent Price					
2:00 3:30 4:00	About Boston What to Bring For	1:00 1:00 1:30 2:00	Hand Massages Reading Group "What I Have Learned"	3:30 4:00	Balloon Volleyball Famous Redheads	2:00 3:30 4:00	Balloon Volleyball A Dog's Life (read)	2:00 3:30 5:45	Reminiscing Halloween Monster Mash			no.		
	News, Weather	3:30	Statue of Liberty Facts	5:45 6:15	Salem, MA History "Race To Witch Mountain"	4:00	Lemurs of Madagascar	3.43	"Casper" Movie			and the	Limb	

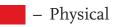
## October

10/1 Flu Clinic 10/2 Tue, Hygienist 10/3 Thu, Rabbi Blessing 10/7 Mon, Midnight Dreams 10/8 Tue, Bertucci's Lunch 10/16 Wed, Arts of Gold Watercolors 10/18 Fri, The McMurphys & Birthday 10/21 Mon, Ukulele with Jerry 10/22 Tue. Ninety Nine Lunch 10/26 Sat, Brian Kane Jazz 10/29 Tue, Josef Nocera 10/31 Thu, Prayers for All Souls & Happy Halloween

### PROGRAM







- Social